

## EDIT Collaboration Newsletter, December 2023



### 2023: Year in Review

Thank you to our collaborators and supporters who have engaged with us this past year. Our highlights for 2023:

- [6 papers published](#)
- 15 000 views/downloads
- [4 webinars](#) with ~500 combined registrations
- 8 presentations at conferences
- 5 posters have been presented
- 55 trials have been included (including 27 adolescent and 28 adult)
  - 34 datasets received (16 adolescent, 18 adult)
  - 9 datasets pending
  - 5 individual participant datasets unable to be shared
  - 7 trials with data expected 2024 onwards

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### Study Update

- **Data processing update** – 51% trials mapped (8 adolescent trials, 14 adult trials). Eight trials have been coded, and 11 trials are currently in progress.

- **Data harmonisation process** – We have begun harmonising variables for adult trials, with adolescent trials to be complete early in the New Year.
- **Intervention deconstruction update** – All trials have now been coded. The verification process has commenced, where we meet with trialists to cross-check the accuracy of codes.
- **Annual Forum** – last week we had our annual collaborator forum where we reflected on our successes of 2023 and started planning for 2024.

## Research Spotlight

THE LANCET



Volume 402, Issue 10418, 9–15 December 2023, Pages 2223–2234

Articles

Short, medium, and long deferral of umbilical cord clamping compared with umbilical cord milking and immediate clamping at preterm birth: a systematic review and network meta-analysis with individual participant data

[Anna Lene Seidler PhD](#)<sup>a</sup>, [Sol Libesman PhD](#)<sup>a</sup>, [Kylie E Hunter MPH](#)<sup>a</sup>,  
[Angie Barbo MScMed](#)<sup>a</sup>, [Mason Aberoumand MAppStat](#)<sup>a</sup>, [Jonathan G Williams PhD](#)<sup>a</sup>,  
[Nipun Shrestha PhD](#)<sup>a</sup>, [Jannik Aggerup MPH](#)<sup>a</sup>, [James X Sotiropoulos MD](#)<sup>a</sup>,  
[Prof Alan A Montgomery PhD](#)<sup>b</sup>, [Gillian M L Gyte MPhil](#)<sup>c</sup>, [Prof Lelia Dulev MD](#)<sup>b</sup>\*,  
[Prof Lisa M Askie PhD](#)<sup>a</sup>\*,  
iCOMP Collaborators<sup>†</sup>



Congratulations to our methods lead Dr Lene Seidler, and the team at NHMRC Clinical Trials Centre, for their work on the benefits of [delayed cord clamping in premature babies](#). These findings highlight the power of individual participant data, as these [two companion papers](#) found that long deferral of

umbilical cord clamping leads to reduced odds of death in preterm infants.

Congratulations Lene!

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## 2023/24 Seasonal Break

We are excited for a productive 2024. With this in mind, the University of Sydney is **closed for a seasonal break from Friday 22 December 2023 – Sunday 7 January 2024** (inclusive) and our team is taking this time to rest and relax with family and friends. Any emails or communication in this time will be responded to as soon as possible once we return on Monday 8 January, 2024.

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## Collaborator Event

EDIT Collaborators from the University of Minnesota are conducting the Advanced Therapies in Pediatric Obesity (ATPO) *live* conference February 21<sup>st</sup>-23<sup>rd</sup> 2024. The ATPO delivers state-of-the-art educational content covering all aspects of paediatric obesity clinical management, including pathophysiology, complications, disordered eating, lifestyle therapy, and pharmacotherapy. Scan the QR code below or [CLICK HERE](#) to learn more.



## New Publications by Collaborators

[Gross, A.C., et al. 2023. Behavioral Treatment and Psychological Complications of Pediatric Obesity. In \*Managing Pediatric Obesity Using Advanced Therapies: Practical Guide for Pediatric Health Care Providers\* \(pp. 245-272\). Cham: Springer International Publishing.](#)

[Kudlek, L., et al. 2023. Experiences of emotional eating in an Acceptance and Commitment Therapy based weight management intervention \(SWiM\): A qualitative study. \*Appetite\*, p.107138.](#)

Please send us any relevant publications to include in future newsletters and share with collaborators.

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For further information, please contact the study team at [edit.study@sydney.edu.au](mailto:edit.study@sydney.edu.au)

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