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Eating Disorders In weight-related Therapy

## EDIT Collaboration Newsletter, June 2023

### Study Update

- We have now received **individual participant data from 27 trials** and are currently mapping all the variables and coding the data. Thank you so much for your contributions!
- **Final call for data sharing** – we are aiming to receive all data by 30th June 2023. Please email our team at [edit.study@sydney.edu.au](mailto:edit.study@sydney.edu.au) to let us know if you require further support and/or an extension.
- We have recently formed working groups to explore weight stigma during weight management interventions and the interpretation of dietary restraint as part of EDIT.

### Intervention Deconstruction ([study 4](#))

- Coding of intervention components for trials included in the EDIT Collaboration is almost complete.
- PhD candidate Rabia Khalid and EDIT co-lead Dr Natalie Lister will begin verification procedures this month – this includes contacting trial representatives to confirm coding for their interventions.

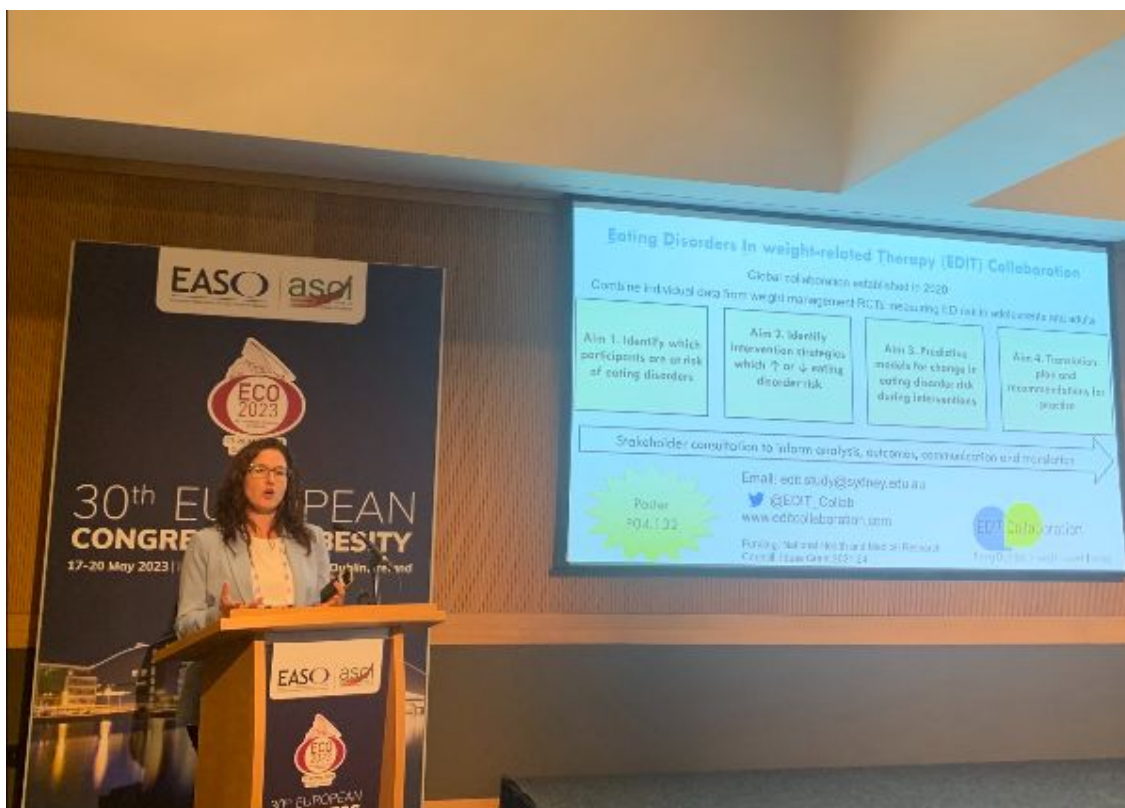
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### EDIT Collaboration at Conferences

Dr Natalie Lister presented alongside EDIT Collaborators at the Society of Behavioral Medicine conference the EDIT rationale and study design as well as results from our consensus study ([view the publication here](#)).

Dr Hiba Jebeile attended the European Congress on Obesity (ECO) in Dublin,

EDIT including PhD candidate Rabia Khalid's poster "Onset and development of eating disorders in adolescents and adults with overweight and obesity: a scoping review of models and frameworks".



Dr Brittany Johnson attended The International Society of Behavioral Nutrition and Physical Activity (ISBNPA) in June in Uppsala, Sweden and presented two posters:

1. EDIT Collaboration's Intervention Deconstruction Pilot Framework ([view the publication here](#)) and,
2. EDIT Collaboration's Rationale and Study Design ([view the publication here](#)).



- Title: Management of Eating Disorders in People of Higher Weight
- Speaker: Prof Phillipa Hay
- Moderator: A/Prof Milan Piya
- Date: Tuesday 25th July 2023 @ 7:00 PM AEST
- [Click here to view the flyer](#)

[Click here to register](#)

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### New publications by Collaborators

[Birch, J.M. et al. 2023. Are there inequalities in the attendance and effectiveness of behavioural weight management interventions for adults in the UK? Protocol for an individual participant data \(IPD\) meta-analysis. \*BMJ open\*, 13\(3\), p.e067607.](#)

[Hilbert, A. 2023. Psychological and Medical Treatments for Binge-Eating Disorder: A Research Update. \*Physiology & Behavior\*, p.114267.](#)

[Langfield, T. et al. 2023. Healthier diets for all? A systematic review and meta-analysis examining socioeconomic equity of the effect of increasing availability of healthier foods on food choice and energy intake. \*Obesity Reviews\*, p.e13565.](#)

[Puhl, R.M. et al. 2023. Parent-child communication about weight: Priorities for parental education and support. \*Pediatric Obesity\*, p.e13027.](#)

[Weghuber, D. et al. 2023. Championing the use of people-first language in childhood overweight and obesity to address weight bias and stigma. \*Pediatric obesity\*, p.e13024.](#)

[Xu, R. et al. 2023. How much food tracking during a digital weight-management program is enough to produce clinically significant weight loss?. \*Obesity\*.](#)

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*For further information, please contact the study team at [edit.study@sydney.edu.au](mailto:edit.study@sydney.edu.au)*

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