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## EDIT Collaboration Newsletter, December 2021

### PROGRESS UPDATE

- We have identified 25 trials of weight management interventions conducted in adolescents and 55 conducted in adults meeting our [inclusion criteria](#), with a combined total sample of 11,514 participants.
  - Invitations to trialists to join the collaboration have been sent over the last two weeks. So far, representatives from 28 trials have agreed to join the collaboration.
  - If you have conducted an RCT meeting our [inclusion criteria](#) and have not heard from us, or know of other trials, please be in touch at [edit.study@sydney.edu.au](mailto:edit.study@sydney.edu.au)
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### WEBSITE AND SOCIAL MEDIA

The EDIT Collaboration website and Twitter profile are now live! Please follow us on Twitter for study updates, publications and the latest research on the intersection between obesity and eating disorders.

Website: [www.editcollaboration.com](http://www.editcollaboration.com)

Twitter: [@EDIT\\_Collab](https://twitter.com/EDIT_Collab)

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### CONSULTATION SURVEY– January 2022

We will be conducting an *online consultation survey* in January/February 2022 to seek perceptions on:

- Characteristics of an individual which may place them at increased risk of developing an eating disorder in the context of weight management
- Strategies used during weight management interventions which may increase or decrease risk of eating disorders

**This survey will inform the analyses conducted as part of the EDIT Collaboration study.**

### EDIT Collaboration webinar

We will be hosting an interactive webinar to discuss the background, rationale and methods for the studies being conducted as part of the EDIT Collaboration. This will also be a great opportunity to meet other trialists and our Scientific and Stakeholder Advisory Panellists.

***Introducing the Eating Disorders In weight-related Therapy (EDIT)***

## **Collaboration**

Date/ time

AEDT: Thursday 17 February 2022, 8am

EST: Wednesday 16 February 2022, 4pm

GMT: Wednesday 16 February 2022, 9pm

**Register for the webinar here**

### **NEW PUBLICATIONS OF INTEREST**

[Moustafa et al. 2021](#), A systematic review of binge eating, loss of control eating, and weight loss in children and adolescents. Obesity

[Day et al. 2021](#). Associations of weight- or shape-related bullying with diverse disordered eating behaviors in adolescents. Int J Eat Disord.

[Jebeile et al. 2021](#). Addressing psychosocial health in the treatment and care of adolescents with obesity, Obesity

[Skinner et al. 2021](#). Food addiction and mental health in adolescents: a systematic review, Lancet Child Adoles Health

***Please send us any relevant publications to include in future newsletters and share with collaborators***



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*For further information, please contact the study team at [edit.study@sydney.edu.au](mailto:edit.study@sydney.edu.au)*

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