

EDIT Collaboration Newsletter, November 2022

Study Update

- We now have 50 trialists who have agreed to join the EDIT Collaboration!
- We have finalised our individual participant data meta-analysis protocol and have begun receiving data from trialists.
- A detailed coding framework and guidebook for intervention deconstruction has been developed and pilot tested. Our protocol is being finalised with trialists, ready to begin coding.
- If you know of any potentially <u>eligible trials</u> that have not yet heard from our team, please contact us at <u>edit.study@sydney.edu.au</u>.

Congratulations to the EDIT Study team on their grant success!







Rabia Khalid

NHMRC Postgraduate Scholarship Scheme, 2023-2025

To work on the intervention deconstruction and predictive modelling for the EDIT Collaboration



Dr Hiba Jebeile

NHMRC Emerging Leadership Investigator Grant, 2023-2027

To continue the work of the EDIT Collaboration including translation

Upcoming EDIT Webinar in 2023

Talking With Teens About Weight, Body, and Health: Navigating the Parent-Adolescent Dynamic

Join us to discuss how to measure communication approaches, understand the data on parent communication and disordered eating, and hear about the lived experience from a parent and child.

Date/time:

Thursday 23 February 2023, 8-9am AEDT Wednesday 22 February 2023, 4-5pm EST Wednesday 22 February 2023, 9-10pm GMT Wednesday 22 February 2023, 1-2pm PST

Keep updated via www.editcollaboration.com/events

Register here

Missed one of our 2022 webinars? Find them on our website!

- 1. Introducing the EDIT Collaboration 17 February 2022
- 2. Identifying eating disorders in people with obesity 22 June 2022
- 3. Obesity treatment and mental health 28 September 2022

Click here to view our previous webinars

New publications of interest

Ahern, AL et al. 2022. Effectiveness and cost-effectiveness of referral to a commercial open group behavioural weight management programme in adults with overweight and obesity: 5-year follow-up of the WRAP randomised controlled trial. *The Lancet Public Health*.

<u>Harris, RA et al.</u> 2022. Effects of total diet replacement programs on mental well-being: A systematic review with meta-analyses. *Obesity Reviews*. 2022.

<u>Jones, RA et al.</u> 2022. Long-term impact of a behavioral weight management program on depression and anxiety symptoms: 5-year follow-up of the WRAP trial. *Obesity (Silver Spring)*. 2022.

<u>Jones, RA et al.</u> 2022. Participants' experiences of mental health during a COVID-19 tailored ACT-based behavioural weight management intervention: a qualitative study. *International Journal of Qualitative Studies on Health and Well-being*.

Mueller, J et al. 2022. Supporting Weight Management during COVID-19 (SWiM-C): twelve-month follow-up of a randomised controlled trial of a web-based, ACT-based, guided self-help intervention. *Int J Obes*.

Please send us any relevant publications to include in future newsletters and share with collaborators.





For further information, please contact the study team at edit.study@sydney.edu.au

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