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## EDIT Collaboration Newsletter, March 2023

### Study Update

- In December 2022, we hosted our EDIT Collaboration Annual Update Forum to discuss progress and future direction.
- We currently have 52 collaborators, representing 25 adolescent trials (n=2689) and 27 adult trials (n=3787).
- We have started to receive data from our trial representatives and data processing and coding is now underway.
- An intervention coding framework has been developed and pilot tested, and intervention coding has begun.
- We are exploring pathways for the development of eating disorders in people with higher weight to inform a framework for predictive modelling.

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### Upcoming EDIT Webinar in April 2023

#### Weight-related communication for health professionals

Join us to hear about and discuss weight-related communication strategies for health professionals.

**Date/time:**

Thursday 27th April 2023, 7-8pm AEST

Thursday 27th April 2023, 10-11am BST

Thursday 27th April 2023, 5-6am EDT

Keep updated via [www.editcollaboration.com/webinars](http://www.editcollaboration.com/webinars)

## New Publications



### **Eating Disorders In weight-related Therapy (EDIT) Collaboration: Rationale and study design**

Lister, N.B. et al. 2023. Eating Disorders In weight-related Therapy (EDIT) Collaboration: Rationale and study design. Nutrition Research Reviews, pp.1-30. Available at: <https://doi.org/10.1017/S0954422423000045>

### **Deconstructing Complex Interventions: Piloting a Framework of Delivery Features and Intervention Strategies for the Eating Disorders in Weight-Related Therapy (EDIT) Collaboration**

Lister, N.B. et al. 2023. Deconstructing Complex Interventions: Piloting a Framework of Delivery Features and Intervention Strategies for the Eating Disorders in Weight-Related Therapy (EDIT) Collaboration. Nutrients, 15(6), p.1414. Available at: <https://doi.org/10.3390/nu15061414>

### **Eating disorder risk during behavioral weight management in adults with overweight or obesity: A systematic review with meta-analysis**

Jebeile, H. et al. 2023. Eating disorder risk during behavioral weight management in adults with overweight or obesity: A systematic review with meta-analysis. Obesity Reviews. Available at: <https://doi.org/10.1111/obr.13561>

### **The need for future research into the assessment and monitoring of eating disorder risk in the context of obesity treatment**

McMaster, C.M. et al. 2023. The need for future research into the assessment and monitoring of eating disorder risk in the context of obesity treatment. International Journal of Eating Disorders. Available at: <https://doi.org/10.1002/eat.23898>



## Identifying factors which influence eating disorder risk during behavioral weight management: a consensus study

Jebeile, H. et al. 2023. Identifying Factors Which Influence Eating Disorder Risk during Behavioral Weight Management: A Consensus Study. *Nutrients*, 15(5), p.1085. Available at: <https://doi.org/10.3390/nu15051085>

[Click here to view our publications](#)

## Meet the study team at upcoming conferences



### Dr. Natalie Lister

*Co-lead and Principal Investigator*

### Society of Behavioral Medicine

Dates: 26–29 April 2023

Location: Phoenix, Arizona, USA



### Dr. Hiba Jebeile

*Co-lead and Program Manager*

### European Congress on Obesity (ECO)

Dates: 17-20 May 2023

Location: Dublin, Ireland

## New publications by Collaborators

Bond, et al. "Impact and recovery of the COVID-19 pandemic on weight status of children and adolescents." *Clinical Obesity* (2023): e12579. Available at:

<https://doi.org/10.1111/cob.12579>

Calugi, et al. "The Role of Weight Suppression in Intensive Enhanced Cognitive Behavioral Therapy for Adolescents with Anorexia Nervosa: A Longitudinal Study." *International Journal of Environmental Research and Public Health* 20, no. 4 (2023): 3221.

Carrello, et al. "Potential cost-effectiveness of e-health interventions for treating overweight and obesity in Australian adolescents." *Pediatric obesity*: e13003. Available at: <https://doi.org/10.1111/jjpo.13003>

Dakin, et al. "Do eating behavior traits predict energy intake and body mass index? A systematic review and meta-analysis." *Obesity Reviews* 24, no. 1 (2023): e13515. Available at: <https://doi.org/10.1111/obr.13515>

Dalle Grave, et al. "Efficacy and tolerability of a specific blend of amino acids in patients with anorexia nervosa treated in a hospital setting: study protocol for a randomized controlled trial." *Trials* 24, no. 1 (2023): 1-16. Available at: <https://doi.org/10.1186/s13063-023-07120-7>

Dalle Grave, Riccardo. "The implications of the disease model and psychological model on eating disorder treatment." *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity* 28, no. 1 (2023): 7. Available at: <https://doi.org/10.1007/s40519-023-01527-6>

Jelalian, et al. "Effectiveness of a Scalable mHealth Intervention for Children with Overweight and Obesity." *Childhood Obesity* (2022). Available at: <https://doi.org/10.1089/chi.2022.0154>

Lawrence, et al. "Look beyond the weight and accept me": Adolescent perspectives on parental weight communication." *Body Image* 45 (2023): 11-19. Available at: <https://doi.org/10.1016/j.bodyim.2023.01.006>

Skjåkødegård, H.F., 2023. Family-based behavioral treatment of children with severe obesity: Effectiveness and perceived barriers. Available at: <https://hdl.handle.net/11250/3057906>

Vidmar, et al. "An addiction-based digital weight loss intervention: A multi-centre randomized controlled trial." *Pediatric Obesity* 18, no. 3 (2023): e12990. Available at: <https://doi.org/10.1111/jjpo.12990>

Vizthum, et al. The impact of time restricted eating on appetite and disordered eating in adults: A mixed methods systematic review. *Appetite*, p.106452. Available at: <https://doi.org/10.1016/j.appet.2023.106452>

Please send us any relevant publications to include in future newsletters and share with collaborators.

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1. Introducing the EDIT Collaboration - 17 February 2022
2. Identifying eating disorders in people with obesity - 22 June 2022
3. Obesity treatment and mental health - 28 September 2022
4. Talking with teens about weight, body and health - 23 February 2023

[Click here to view our previous webinars](#)



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[www.editcollaboration.com](http://www.editcollaboration.com)

*For further information, please contact the study team at [edit.study@sydney.edu.au](mailto:edit.study@sydney.edu.au)*

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