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## Words will never hurt me? Preferred terms for describing weight and loss of control eating

Join us to hear about the latest research on preferred language to discuss concerns related to weight and binge eating for individuals seeking treatment for binge eating and weight loss.

Date/time: Friday November 3, 8:00am AEDT Thursday November 2, 5:00pm EDT Thursday November 2, 9:00pm GMT

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Words will never hurt me? Preferred terms for describing weight and loss of control eating	<b>A/Prof Rachel Barnes</b> Associate Professor and licensed clinical psychologist specialising in eating and weight disorder, University of Minnesota
Lived experience speaker	<b>Dr Jackie Yourell</b> Postdoctoral Research Fellow, Fit Minded Inc PhD in Youth Development and Family Sciences, University of Florida
Q&A	Facilitated by an EDIT study team member

## About the speakers



## A/Prof Rachel Barnes

Dr. Barnes completed her postdoctoral training in clinical psychology with the Program for Obesity, Weight, and Eating Research at the Yale School of Medicine. Her first faculty appointment was as an associate research scientist at the Yale School of Medicine. She currently is an associate professor and licensed clinical psychologist specializing in eating and weight disorders at the University of Minnesota Medical School. Her programmatic line of research focuses on designing and testing the dissemination of specialty care weight-loss and eating disorders treatments into primary care, and interrelated studies examining individuals struggling with overweight/obesity, disordered eating, and related sequelae such as body image concerns, metabolic syndrome, mood and anxiety, and weight loss surgery. Dr. Barnes is a faculty mentor with the NIMH-funded (T32) Midwest Regional Postdoctoral Training Grant in Eating Disorder Research and University of Minnesota Medical School Health Psychology Postdoctoral Training program. She has served as a peer-reviewer for the National Institutes of Health (NIH), the Patient-Centered Outcomes Research Institute (PCORI), and numerous journals.



## Dr Jackie Yourell

Jackie Yourell has been awarded her PhD in Youth Development and Family Sciences at the University of Florida. Her research focuses on leveraging parent-child relationships and communication to promote adolescent health and prevent the many negative consequences that result from weight stigma and weight-based bullying. She lived with obesity from childhood through late adolescence, and her journey to a healthy relationship with food, exercise, and body image drives her passion for promoting the health and wellbeing of youth and families and eating disorder prevention.